

Staff Senate Meeting Minutes
July 20, 2023
12:00 p.m.
Via Zoom: virginiatech.zoom.us/j/89618402157

Present: LaTawnya Burleson (presiding), Saadia Ali, Callan Bartel, Robin Cooley, Denise Crawford, Pat Donovan, Kari Evans, Nikki Gland-Turpin, Frank Kerr, Petie Martin, Lida Mitchell, Sarah Owen, Tasia Persson, Amber Robinson, Becki Smith, Tamarah Smith, Mary Sullivan, and Judy Taylor.

Absent with Notice: Lisa Bishop, Steve Nagle, Eric Newton, and Serena Young.

Absent: Zai Cook, Kristen Cox, Amy Ingram, Amy Linkous, Katrina Lockhart-Elfeky, Ron Mecham, Dennie Munson, Janet Murphy, Hannah Menefee, Amie Pendleton, Erica Perdue, Jennifer Pike, Sally Shupe, Eric Tysor, Chris Whitlock, and Marty Wyatt.

Guests: Brenda Davy, Sarah Henderson, Tracy Jones, Jamie McElfresh, April Myers, and Dee Dee Somervell.

Mrs. Burleson called the meeting to order at 12:00 p.m. A quorum was present.

1. Adoption of Agenda

A motion was made and seconded to adopt the agenda. The motion carried.

2. Announcement of approval and posting of minutes of June 15, 2023

Mrs. Burleson noted that these minutes have been voted on electronically and can be publicly accessed on the Governance Information System on the web (<http://www.governance.vt.edu>).

3. Presentation

President Burleson introduced Dr. Brenda Davy, Professor, Laboratory for Eating Behaviors and Weight Management. She gave a presentation on the Ultra-processed Food Consumption, Gut Microbiota, and Glucose Homeostasis in Mid-life Adults study she is currently conducting. Participants must be between 40 and 65 years of age. The presentation is attached and a recording of the meeting is posted on the Staff Senate's website.

4. Other Items

President Burleson invited the chairs of the five standing committees to give brief overviews of their committee charges and encouraged attendees to reach out to the chairs to join committees or with any questions.

- Tamarah Smith, Communications: tjsmith@vt.edu
- Judy Taylor, Elections and Nominations: taylor1@vt.edu
- Amber Robinson, Policies and Issues: hamber08@vt.edu
- Serena Young, McComas Leadership Seminar Planning: young7@vt.edu
- Tasia Persson, Diversity, Equity, Inclusion, and Belonging: tpersson@vt.edu

In addition, questions and concerns may always be sent to any member of the executive committee or sent to staff-senate-exec-g@vt.edu to reach the whole committee.

President Burleson closed the meeting with a discussion about current Staff Senate meeting times. A poll was conducted during the meeting with 8 people voting to keep the meetings at lunchtime (12-1pm), 8 votes to hold the meeting in the morning, and 2 votes to hold the meetings in the afternoon. No votes were received to hold the meetings in the evening. A more comprehensive poll will be sent out to the Staff listserv to gather preferred

availability among the whole population. Until further discussion, the meetings will remain on the third Thursday of each month from 12-1pm.

5. Adjournment


There being no further business, a motion was made to adjourn the meeting at 1:00 p.m.

Brenda Davy, Professor
Virginia Tech's Department of Human Nutrition, Foods,
and Exercise
Metabolic Kitchen & Dining Laboratory: Wallace Hall,
room 334

Compensated Research Study & Meals Provided:



**Ultra-processed Food Consumption,
Gut Microbiota, and Glucose
Homeostasis in Mid-life Adults
(IRB # 21-974)**



We are conducting a study to learn if consuming processed or unprocessed foods has any impact on blood glucose levels or cardiovascular health.

Participants will be provided all meals for 8 weeks, and consume either a diet high or low in processed foods. You may be eligible to participate if you are 40-65 years old.

- ▶ Coming to the lab for breakfast each day for eight weeks (Monday-Saturday) and taking your remaining food home for the day. Food for Sunday will be provided on Saturdays.
- ▶ Assessments include DEXA scans, three glucose tolerance tests, two 48-hour urine collections, two 3-day stool collections, and wearing a glucose monitor and a physical activity monitor for one week at the beginning and end of the study.
- ▶ Free, convenient parking is provided.



This study involves 50 visits to the Virginia Tech Campus, over 9 weeks.

Total time commitment will be about 35 hours.

Participants will be compensated a total of \$800 upon successful completion of all study visits. To learn more about the study and determine if you are eligible, scan this QR code with your phone,



OR for more information, please contact Dr. Elaina Marinik at 540-231-0923 or via email at:

emarinik@vt.edu

**Virginia Tech's Department of Human Nutrition,
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